



The PE curriculum at Five Acres High School

	Autumn	Spring	Summer
Year 7 Core PE	Rugby, Netball, Table Tennis, Fitness, Dance	Football, Fitness, Handball, Dance, Gymnastics	Athletics, Cricket, Rounders, Softball and Orienteering
Year 8 Core PE	Rugby, Netball, Table Tennis, Fitness, Dance	Football, Fitness, Handball, Dance, Gymnastics	Athletics, Cricket, Rounders, Softball and Orienteering
Year 9 Core PE	Rugby, Netball, Table Tennis, Fitness, Dance	Football, Rowing, Handball, Dance, Gymnastics	Athletics, Cricket, Rounders and Softball
Year 10 Core PE	Rugby, Netball, Handball, Table Tennis and Volleyball	Football, Table Tennis, Volleyball and Fitness	Athletics, Cricket, Rounders and Softball
Year 10 GCSE PE	J587/01 Physical factors affecting performance. 1.1 Applied anatomy and physiology	J587/01 Physical factors affecting performance. 1.1 Applied anatomy and physiology	J587/01 Physical factors affecting performance. 1.2 Physical training
Year 11 Core PE	Rugby, Netball, Handball, Table Tennis and Volleyball	Football, Table Tennis and Fitness	Rounders and Softball
Year 11 GCSE PE	J587/02 Socio-cultural issues and sports psychology. 2.1 Socio-cultural influences	J587/05 Assessment of Analysing and Evaluating Performance	Revision