



The PE curriculum at Five Acres High School

	Autumn	Spring	Summer
Year 7 Core PE	Rugby, Netball, Handball, Volleyball	Football, Fitness Dance and Table Tennis	Athletics, Rounders and Softball
Year 8 Core PE	Rugby, Netball, Handball, Volleyball	Football, Fitness, Gymnastics and Table Tennis	Athletics, Rounders and Softball
Year 9 Core PE	Rugby, Netball, Handball	Football, Fitness, Gymnastics and Table Tennis	Athletics, Rounders and Softball
Year 10 Core PE	Rugby, Netball, Handball, Volleyball	Football, Table Tennis and Fitness	Athletics, Rounders and Softball
Year 10 GCSE PE	J587/01 Physical factors affecting performance. 1.1 Applied anatomy and physiology	J587/01 Physical factors affecting performance. 1.1 Applied anatomy and physiology	J587/01 Physical factors affecting performance. 1.2 Physical training J587/02 Socio-cultural issues and sports psychology. 2.1 Socio-cultural influences
Year 11 Core PE	Rugby, Netball, Table Tennis, Handball and Volleyball	Football, Fitness, Handball and Table Tennis	Athletics, Rounders and Softball
Year 11 BTEC Sport	<u>Unit 5-</u> The Sports Performer In Action– Assignment A. <u>Unit 3-</u> Applying the Principles of Personal Training– Assignment A.	<u>Unit 3-</u> Applying the Principles of Personal Training– Assignment B. <u>Unit 3-</u> Applying the Principles of Personal Training– Assignment C.	<u>Unit 3-</u> Applying the Principles of Personal Training– Assignment D.